



PTA Newsletter Article – September

**Will You “Walk More in Four?”**  
*Win \$500 for Your School's Safety Committee*

“Walk More in Four,” sponsored by the UDOT Student Neighborhood Access Program (SNAP)<sup>TM</sup>, is an annual challenge that encourages students to walk or ride their bikes to school at least three days a week during the four weeks in September.

- All participating students can track their progress through an online progress chart, which can be found at [www.udot.utah.gov/walkmoreinfour](http://www.udot.utah.gov/walkmoreinfour). Students can also download hard copies of the chart from the website.
- Students should follow the safest routes on their school's SNAP Map (contact the school for your copy).
- Students unable to walk to school due to distance can still participate by practicing safe habits while walking or biking in their neighborhoods.
- At the end of the month, students who walked or biked at least three days a week during the four weeks of September will be entered into a drawing for the chance to win prizes, such as scooters, bikes and helmets.

The school with the highest percentage of students completing the “Walk More in Four” challenge will be awarded \$500 to be used by the school's Safety Committee. Second- and third-place schools will receive \$250 and \$100 respectively. Winning schools will be announced in early October.

Since 2009, more than 14,000 students from 75 school districts have participated in the “Walk More in Four” challenge.

For more information about “Walk More in Four,” and for more ideas from SNAP to encourage students to walk and bike safely to school, visit [www.udot.utah.gov/walkmoreinfour](http://www.udot.utah.gov/walkmoreinfour).