



STAY ALIVE BY ALWAYS BUCKLING UP

IT ONLY TAKES TWO SECONDS



A commercial motor vehicle driver's main office is the road, and the cab is their workspace. Creating a safe work environment starts with a two second decision that saves lives—buckling up.

It's possible during your career you will be involved in a crash caused by someone else, bad weather, mechanical failure or tire blowout. Wearing a seat belt correctly can prevent serious injuries or death by preventing ejection and protecting your head and spinal cord.

DID YOU KNOW?



A frontal collision at 30 mph will cause an unbuckled person to continue moving forward and hit the windshield at 30 mph. This is comparable to falling out of a three-story window.

Air bags work best in conjunction with seat belts. If a driver doesn't buckle up, the air bag is only 12 percent effective as a safety device.



Most air bags are positioned to protect you in frontal crashes only. If you get in a rear end, side or rollover crash, only your seat belt can protect you.

THE FACTS

You may not think buckling up will affect anyone else, but think again. Driving without your seat belt can affect your family and friends. It could even affect other motorists since wearing a seat belt can help you maintain control of your truck in a crash.



11,000 LIVES saved each year by seatbelts.



Every **15 SECONDS**, someone is injured in a crash.



Federal regulations require **ALL** CMV drivers to buckle up.



You are **80% MORE LIKELY TO SURVIVE** a truck rollover when wearing a seat belt.



You are **25 TIMES** more likely to be ejected and killed in a crash when you don't wear your seat belt.

For further information visit the following sites or email drivetostayalive@utah.gov



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